



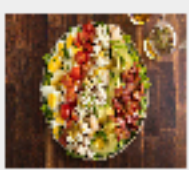
Meal Suggestions

Lunch



Steak & Carrots

A-



Cobb Salad

A-



Chicken Soup

B+



Today's Meal Score

Learn More

< Exit



Today's Meal Score
November 16th, 2018

Dinner Today

	Steak & Carrots	A-
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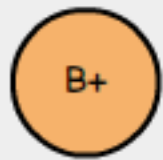
Lunch Today

	Cobb Salad	A-
---	------------	----

	Chicken Soup	B+
---	--------------	----

< Yesterday

< Exit



Yesterday's Meal Score
November 15th, 2018

Dinner

	Steak & Carrots	A-
---	----------------------------	-----------

Lunch

	Fried Rice	B
---	-------------------	----------

	Chicken Soup	B+
---	---------------------	-----------

< Previous Day

Today >



Meal Suggestions

Lunch ▾

Tip For Today!

Great job keeping your average up. You're rocking today! Stay on top of your veggies for dinner. See if you can bump that average up to an A+.

Ok



Chicken Soup

B+



Today's Meal Score

Learn More



Meal Suggestions

Lunch ▾



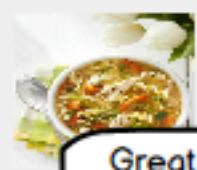
Steak & Carrots

A-



Cobb Salad

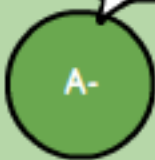
A-



Chicken Soup

B+

Great job keeping your average up. You're rocking today!



Today's Meal Score

Learn More



Meal Suggestions

Lunch ▾



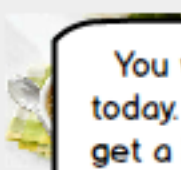
Steak & Carrots

A-



Cobb Salad

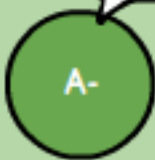
A-



You worked hard today. Make sure to get a bigger dinner tonight so that you can recover from your workout



B+



Today's Meal Score

[Learn More](#)



Cobb Salad

A-

Ingredients

Spinach	3/4 Cups
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Tomatoes (Sliced)	2
-------------------	---

Bacon	3 Strips
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Avocado (Sliced)	1
------------------	---

Directions
Mix all ingredients together. Serves 2

< Exit

I Ate This >

Record Your Exercise

What kind of exercise did you do?

Cardio (running, biking, hiking, etc.)

Weights

Other

How long did you workout for

30 Minutes

or

Sync from Fitbit

< Exit

Add Exercise >

Record Your Exercise

What kind of exercise did you do?

Cardio (running, biking, hiking, etc.)

Weights

Other

How long did you workout for

30

or

Exercise Synced
You earned a chocolate milk
from all that work

Ok

< Exit

Add Exercise >



Meal Suggestions

Dinner ▾



Steak & Carrots

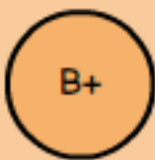
A-



Cobb Salad

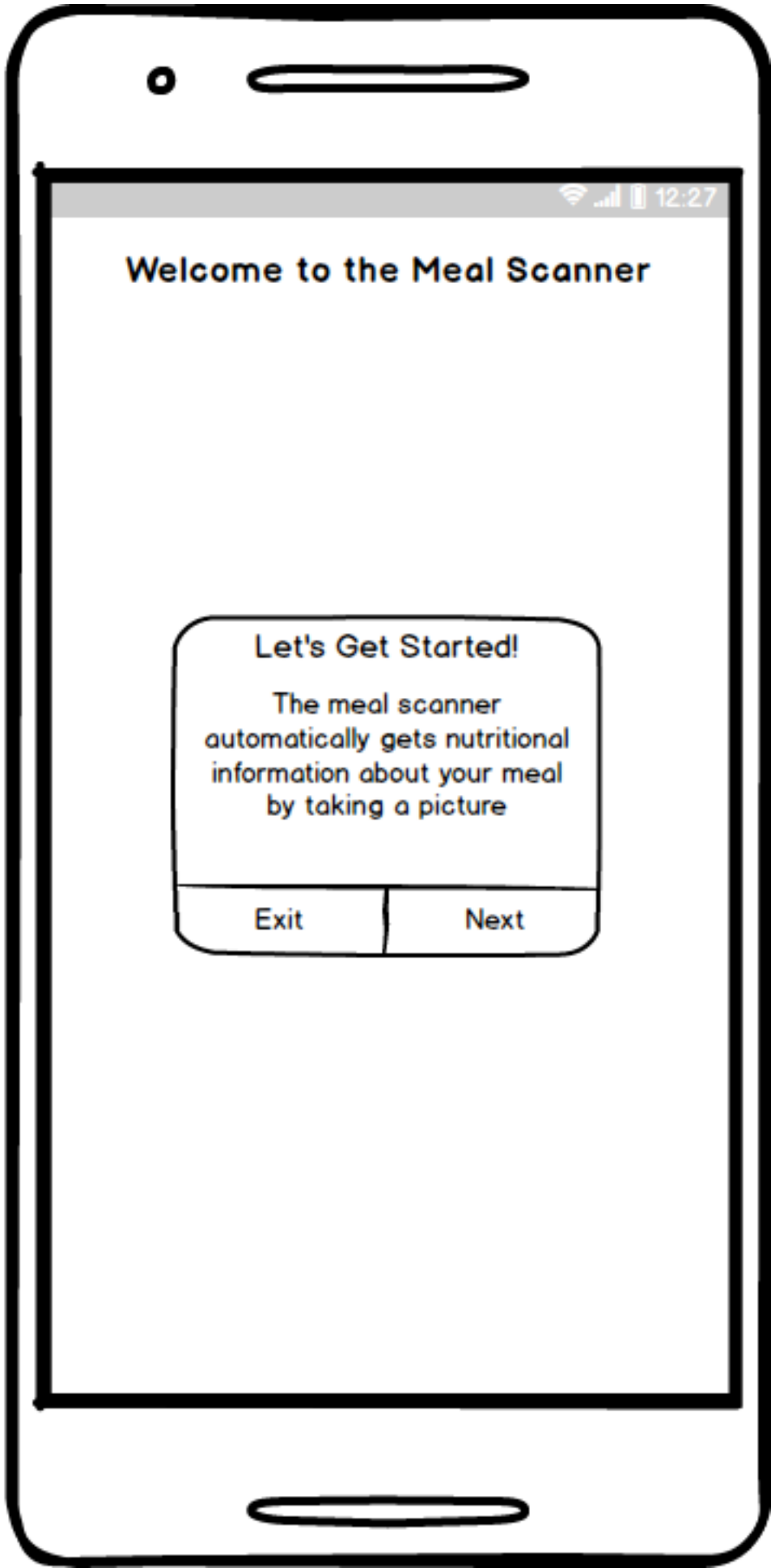
A-

Oh no! Your last meal lowered your meal score for today. Try these recipes to finish your day healthy and strong!



Today's Meal Score

Learn More



Welcome to the Meal Scanner

Let's Get Started!

The meal scanner
automatically gets nutritional
information about your meal
by taking a picture

Exit

Next



12:27

Welcome to the Meal Scanner

When You're Ready

Place your device over your meal, and scan when you're ready!

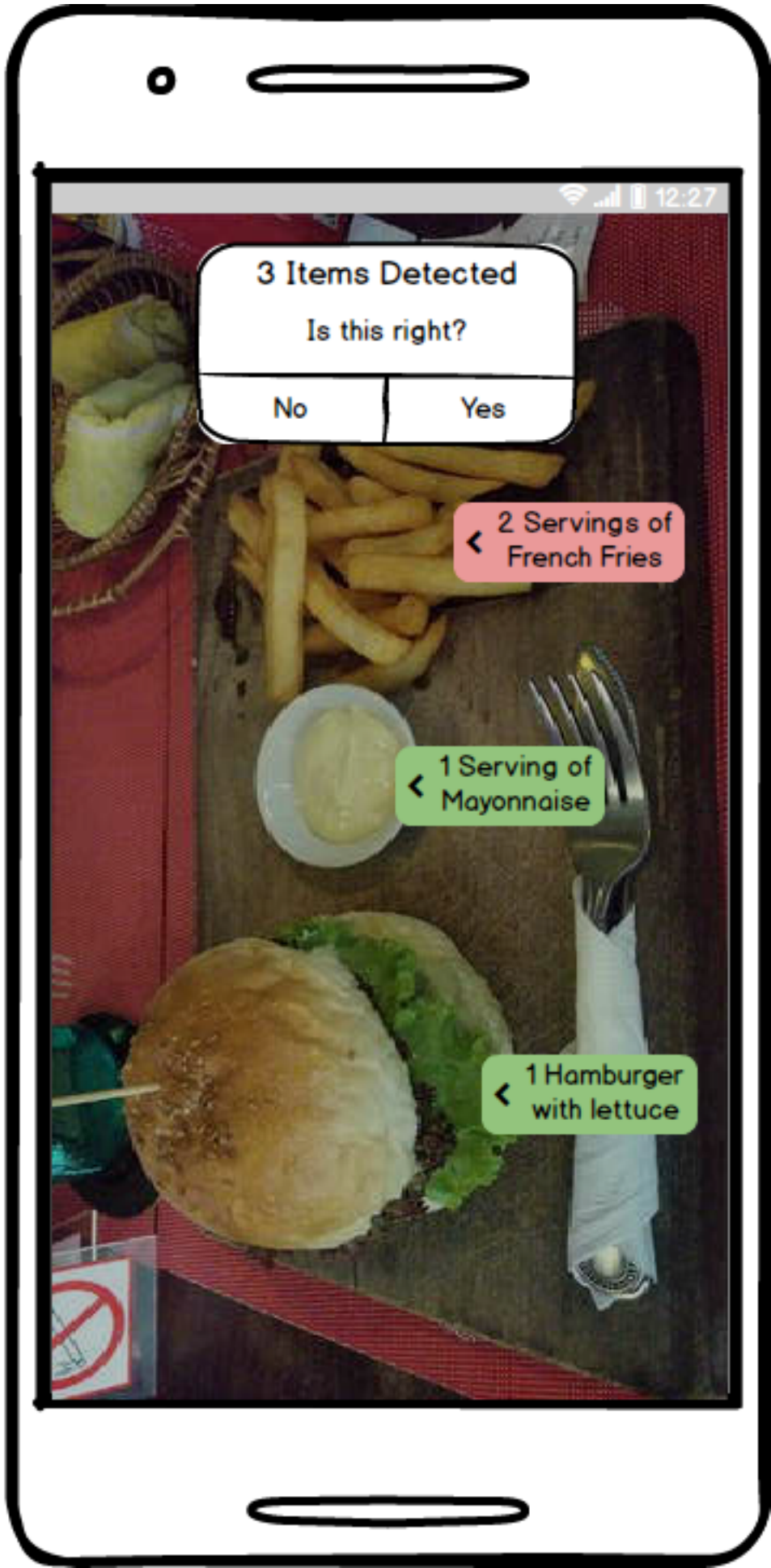
Exit

Ok



< Exit

Scan Now >



3 Items Detected

Is this right?

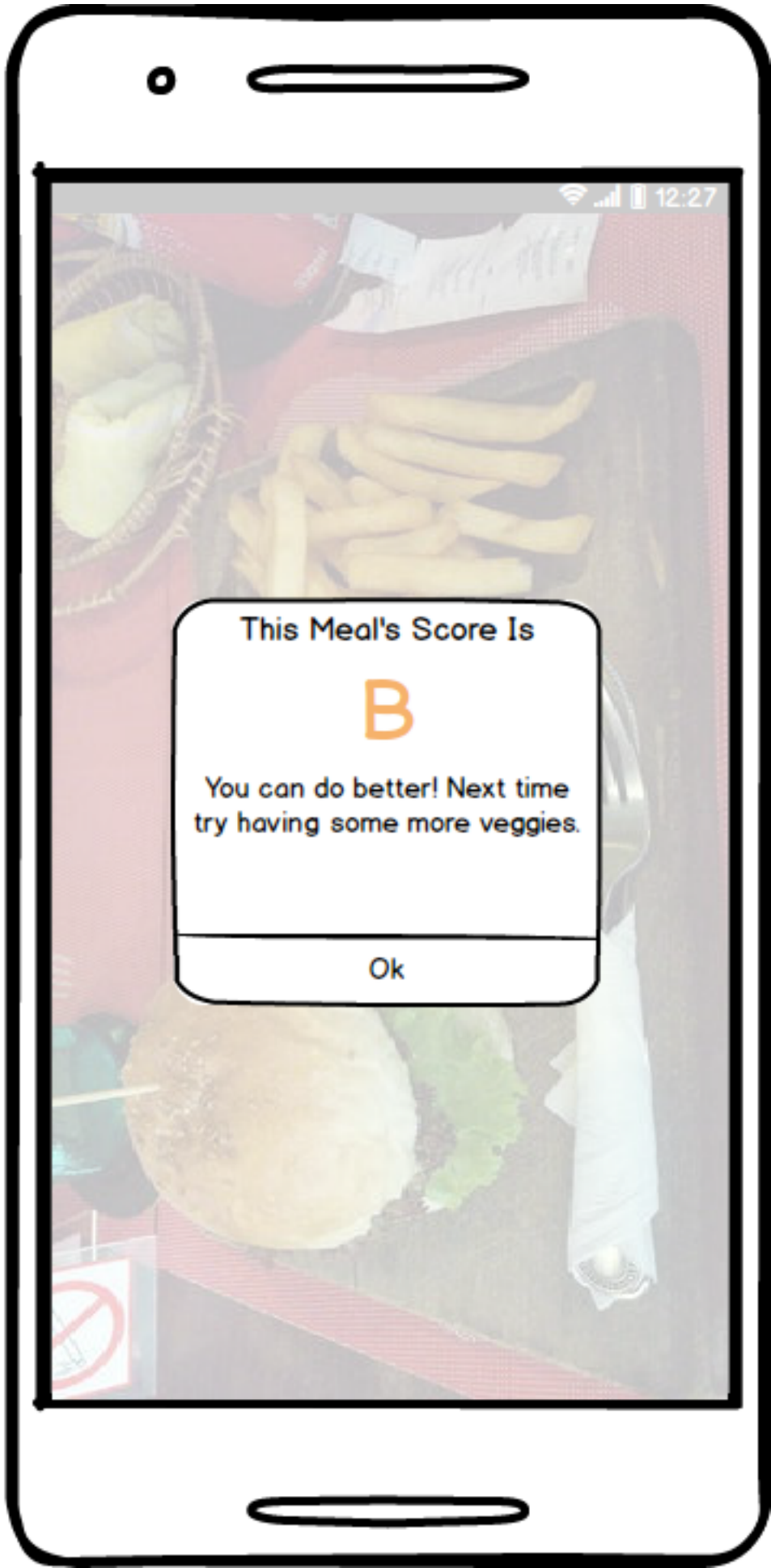
No

Yes

< 2 Servings of French Fries

< 1 Serving of Mayonnaise

< 1 Hamburger with lettuce



This Meal's Score Is

B

You can do better! Next time
try having some more veggies.

Ok